

Pisa psychosomatic course presents:

Focus on interoception

Hybrid Workshop

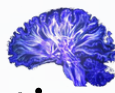
In person and on-demand
Italian/English



Location: GIFT Institute of Integrative Medicine,
Lungarno Simonelli, 1 Pisa

29-30 September 2023





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Main Program

Friday 29th (oral presentation)

15.00: opening and registration

15.30: **Interoception: Neurophysiology, Pain and Clinical Applications**

-Giancarlo Carli, Prof. Human Physiology, University of Siena

-Antonella Ciaramella, MD. Lab. Psychosomatic, GIFT Institute of Integrative Medicine Pisa

16.15: **Interoceptive Awareness: its Role in Physical and Mental Health**

-Wolf E. Mehling, MD. University Of California, San Francisco, USA

(online/Italian translation)

17.00: **Affective Touch and CT Fibers: the Role of Interoception in the Self- or Social-touch.**

-Paula Salamone, PostDoc. Linköping University, Stockholm, Sweden

(online/Italian translation)

17.45: **Hypnotizability and Interoception**

-Enrica Santarcangelo, MD, PhD. Lab. Cognitive & Behavioral

Neuroscience, University of Pisa

Scientific secretariat: Antonella Ciaramella, MD

Organizational secretariat: Melania Boni, PsyD; Simone Violi, BHSc

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Registration fees: Early: until June 30th, 2023; Late: until September 1st, 2023

Student: Early: 75 euro; Late: 90 euro

Regular: Early: 120 euro; Late: 150 euro

On-demand (after September 30th, 2023), registration until September 1st, 2023

Regular: 150 euro

Regular+ECM: 250 euro

Saturday 30th (workshop)

9.00: opening

9.15: **Using the Interoceptive Awareness to Prevent Somatisation in Children**

-Martina Rossi, PsyD. GIFT Institute of Integrative Medicine Pisa

-Antonella Ciaramella, MD. Lab. Psychosomatic, GIFT Institute of Integrative Medicine Pisa

11.00: **Working Top-Down and Bottom-Up on Interoceptive Awareness through Bioenergetics and Qigong**

-Alessandro Lazzarelli, PhD. Department of Civilizations and Forms of Knowledge, University of Pisa

13.00 Lunch

15.00: **Interoceptive Awareness in Gestalt Psychotherapy**

-Stefano Rossi, PsyD. GIFT Institute of Integrative Medicine Pisa

17.00: **Sensation and Feeling in the Chairwork Existential Method**

-Antonella Ciaramella, MD. Lab. Psychosomatic, GIFT Institute of Integrative Medicine Pisa



GRUPPO DI RICERCA IN PSICOPATOLOGIA



GIFT Institute of Integrative Medicine

